

Author Bio Short:

Matt Breton is a hunter, writer, physical therapist and U.S. Army veteran. Growing up in northeastern VT, it seems natural that his first love is tracking deer in New England. Additionally, Matt loves to pursue a variety of critters across North America's public lands, including elk, mule deer, snowshoe hare and trout. His Outdoor Athlete column appeared monthly in the *Northwoods Sporting Journal* for several years and he has had work published nationally in *Fur Fish Game* and *Backcountry Journal*, as well as numerous articles online as a team member of Big Woods Bucks.

Author Bio Long:

Matt Breton grew up in northeastern Vermont and spent a lot of time outside playing sports, fishing and hunting. After earning a bachelor's degree in Health Science at Johnson State College, he spent a few years working just enough to be a trout fishing and deer hunting bum. He eventually decided to become a physical therapist and joined the U.S. Army at the age of 24. He earned a Master's in Physical Therapy from Baylor University and served on active duty for more than five years, being promoted to the rank of Captain. His service included a tour to Iraq with the 1st BCT, 10th Mtn Div (LI) in 2005-2006. After that, Matt headed home to VT where he continues to work and live. He enjoys traveling extensively with his partner Lori, usually to run, fish or hunt. His writing credits include his column, Outdoor Athlete, which appeared monthly in the *Northwoods Sporting Journal* for several years and freelance work published nationally in *Fur Fish Game* and *Backcountry Journal*, as well as numerous articles online as a team member of Big Woods Bucks. He serves as a director for the Vermont Fish and Wildlife Conservation Group and is the co-chair of the Vermont State Leadership Team of the New England Chapter of Backcountry Hunters & Anglers.